

In order to participate in athletics at Lake Minneola High School, the following steps must be completed prior to the first day of tryouts:

1. A physical exam must be completed by a licensed physician, a licensed osteopathic physician, a licensed chiropractic physician, a licensed physician assistant, or a certified advanced registered nurse practitioner.
2. The FHSAA EL2 physical exam form must be completed by this practitioner.
  - **\*\*No other forms will be accepted – this includes the FL Department of Health form.**
  - **\*\*The EL2 form is only valid for 1 calendar year from the date of practitioner's signature.**

### **3. NEW THIS YEAR!!**

#### **An account must be created on [Athleticclearance.com](http://Athleticclearance.com)**

- Please click on ALL sports that you intend on trying out for during the 2018-2019 school year.
  - Please type the correct name in each signature area. Parents name must go where it says parent signature and students name must go where it says student signature.
4. The following forms must be uploaded to your athletic clearance account:
    - EL2 physical form
    - Birth certificate
    - Insurance card – Front side only
    - Uploading the documents can be done a few ways. One way includes taking a CLEAR picture with your cell phone and using a scanning app on your cell phone to convert it to a document, such as a PDF. Two free apps that do this are CamScanner and TinyScanner. Another way is to use an actual scanner to create a document that can then be uploaded.

After this information is complete it will be reviewed by the Athletic Trainer. If done correctly, you will receive a confirmation email stating that you are cleared for the sport that is starting next. If this is not done correctly, you will receive a denial email listing what needs to be completed/fixed.

If you have any questions please contact the Athletic Trainer: Melissa Neu at [neum@lake.k12.fl.us](mailto:neum@lake.k12.fl.us).

## How to complete athletic paperwork on athleticclearance.com:

You can register and begin filling out information prior to having a physical exam. After your physical exam is performed by the appropriate health care provider, this document – along with a birth certificate and insurance card – must be uploaded to AthleticClearance.com to complete your required paperwork.

1. Go to AthleticClearance.com
2. Select Florida
3. If you don't have an account, please register then log in. If you already have an account, log in.
4. Select Start Clearances
  - a. Select 2018-2019 under year.
  - b. Select Lake Minneola High school for school.
  - c. Select sport that you are trying out for
    - i. **If you are playing multiple sports, you can add them all at the end.**
5. Fill out student information
6. Upload the required documents under the following sections
  - a. Page 1 of EL2 physical form – Student Information and Medical History
  - b. Page 2 of EL2 form – Physical Examination
  - c. Birth certificate – additional form
  - d. Insurance card – proof of insurance
    - i. Not knowing how to upload documents is NOT an excuse for skipping this step. Please see page 1 for suggestions on how to upload or ask questions if you need help!
7. Fill out medical history
8. Fill out parent/guardian information
9. Fill out signatures
  - a. Make sure to place the correct signatures in the appropriate boxes
  - b. Place parents name where it says parent signature
  - c. Place students name where it says student signature
10. Select ALL sports that you intend on trying out for!!